

CYBER SAFETY

- ☐ ThinkB4uClick
- ☐ Use privacy settings and security tools
- ☐ Use good digital hygiene
- ☐ Be cautious where you go and what you open
- ☐ Choose passwords that are easy for you and hard for others. DO NOT SHARE!
- ☐ Remember: pictures last a lifetime! What you document today will be there when you go to college, apply for jobs, get married, or have children.

CYBERBULLYING OR HARASSMENT

Cyberbullying or Cyber Harassment can include mean texts or emails, spreading rumors by email or social networking sites, or posting embarrassing pictures or fake profiles. It can happen 24 hours a day, 7 days a week and reach the target even when she is alone. Messages and images can be posted anonymously and very quickly, and it can be very difficult to delete them.

What motivates cyber harassment?

- Revenge
- Jealousy
- Righteousness
- Bigotry
- Fear
- Anger
- To get the attention of the target or others
- Boredom/entertainment
- Personal vendettas

Sometimes there is no motive at all, and the target was merely in the wrong place at the wrong time.

Source: www.wiredsafety.org

Responding to cyber harassment

The US Justice Department recommends that a target of cyberstalking take the following steps:

- Tell the person not to make contact again.
- Save all communications for evidence. Do not alter them in any way. Keep electronic copies, not just print-outs.
- Save any information that suggests a violent threat and contact law enforcement.
- If the harassment continues, contact the harasser's Internet service provider. The ISP is provided with instant messages. Most ISPs prohibit using their service for abusive purposes. An ISP can often intervene by directly contacting the stalker or closing his account.
- Keep a record of your contacts with ISP officials or law enforcement officials.
- When contacting police, provide specific details such as any tangible evidence you've collected. In cases of a serious threat, police can refer the matter to state or federal authorities for investigation. The stalker may be prosecuted in court.
- If the target is afraid to act, find help through other resources, such as *WiredSafety*.

Source: www.wiredsafety.org